

# The Novena to the SACRED HEART OF JESUS

June 16-24, 2022

*This novena prayer is attributed to St. Margaret Mary Alocoque who widely promoted devotion to the Sacred Heart of Jesus.*

*Saint Padre Pio recited this novena daily for all those who requested his prayers. This novena (repeating the same prayer for nine consecutive days for a particular intention or devotion) can be prayed at any time, though it is a tradition to begin on the traditional feast of Corpus Christi (the Thursday after Trinity Sunday) leading up to the Feast of the Sacred Heart of Jesus. On the feast of the Sacred Heart of Jesus itself it is a tradition to pray the Act of Reparation to the Sacred Heart (found at the end).*

*The following are to be recited daily for 9 consecutive days with the Act of Reparation to be added on the 9th and final day of the novena.*

O my Jesus, you have said: "Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you." Behold I knock, I seek and ask for the grace of \_\_\_\_\_ (*name your request here*).

**Our Father . . . Hail Mary . . . Glory Be . . .**

Sacred Heart of Jesus, I place all my trust in you.

O my Jesus, you have said: "Truly I say to you, if you ask anything of the Father in my name, he will give it to you." Behold, in your name, I ask the Father for the grace of \_\_\_\_\_ (*name your request here*).

**Our Father . . . Hail Mary . . . Glory Be . . .**

Sacred Heart of Jesus, I place all my trust in you.

O my Jesus, you have said: "Truly I say to you, heaven and earth will pass away but my words will not pass away." Encouraged by your infallible words I now ask for the grace of \_\_\_\_\_ (*name your request here*).

**Our Father . . . Hail Mary . . . Glory Be . . .**

Sacred Heart of Jesus, I place all my trust in you.

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

**Hail Holy Queen . . .**

St. Joseph, foster father of Jesus, pray for us. Amen.

## **Sacred Heart of Jesus Novena Prayer**

Divine Jesus, You have said, "Ask and you shall receive; seek and you shall find; knock and it shall be opened to you." Behold me kneeling at Your feet, filled with a lively faith and confidence in the promises dictated by Your Sacred Heart to Saint Margaret Mary. I come to ask this favor: (mention your request).

To whom can I turn if not to You, Whose Heart is the source of all graces and merits? Where should I seek if not in the treasure which contains all the riches of Your kindness and mercy? Where should I knock if not at the door through which God gives Himself to us and through which we go to God? I have recourse to You, Heart of Jesus. In You I find consolation when afflicted, protection when persecuted, strength when burdened with trials, and light in doubt and darkness.

Dear Jesus, I firmly believe that You can grant me the grace I implore, even though it should require a miracle. You have only to will it and my prayer will be granted. I admit that I am most unworthy of Your favors, but this is not a reason for me to be discouraged. You are the God of mercy, and You will not refuse a contrite heart. Cast upon me a look of mercy, I beg of You, and Your kind Heart will find in my miseries and weakness a reason for granting my prayer.

Sacred Heart, whatever may be Your decision with regard to my request, I will never stop adoring, loving, praising, and serving You. My Jesus, be pleased to accept this my act of perfect resignation to the decrees of Your adorable Heart, which I sincerely desire may be fulfilled in and by me and all Your creatures forever.

Grant me the grace for which I humbly implore You through the Immaculate Heart of Your most sorrowful Mother. You entrusted me to her as her child, and her prayers are all-powerful with You. Amen.

# Novena of Confidence to the Sacred Heart of Jesus

O Lord Jesus Christ,

To your most Sacred Heart,  
I confide this intention:  
(*mention your intention here*)

Only look upon me, and then do what your Sacred Heart inspires.  
Let your Sacred Heart decide; I count on it, I trust in it.  
I throw myself on Your mercy, Lord Jesus! You will not fail me.

Sacred Heart of Jesus, I trust in You.  
Sacred Heart of Jesus, I believe in Your love for me.  
Sacred Heart of Jesus, Your Kingdom come.

O Sacred Heart of Jesus, I have asked you for many favors,  
But I earnestly implore this one. Take it.

Place it in Your open, broken Heart;  
And, when the Eternal Father looks upon It,  
Covered with Your Precious Blood, He will not refuse it.  
It will be no longer my prayer, But Yours, O Jesus.

O Sacred Heart of Jesus, I place all my trust in You.  
Let me not be disappointed. Amen.

## Act of Reparation to the Sacred Heart

*(to be said only on the final day of the novena)*

Most Loving Jesus, when I consider Your tender Heart and see it full of mercy and tenderness toward sinners, my own heart is filled with joy and confidence that I shall be so kindly welcomed by You. Unfortunately, how many times have I sinned! But now, with Peter and with Magdalene, I weep for my sins and detest them because they offend You, infinite Goodness. Mercifully grant me pardon for them all; and let me die rather than offend You again; at least let me live only to love You in return. Amen.

